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	•	Vegetarian MONDAY	Around the World TUESDAY	Roast WEDNESDAY	Classic THURSDAY	Treat FRIDAY
	MAIN COURSE	Italian Quorn Pasta Bake	Beef and Spring Vegetable Casserole with Yorkshire Pudding	Roast Chicken	Sausages & Mash	Fish Fingers
	VEGETARIAN	Cheese & Tomato Pizza	Vegetable Curry filled Jacket potato	Cheese and Potato Pie	Quorn Burger	Cheese & Onion Quiche
	STARCHY FOOD	Baked Wedges	Herby Diced Potatoes	Roast Potatoes	Mashed Potatoes	Chips
	VEGETABLE	Sweetcorn	Green Beans	Carrots	Broccoli	Baked Beans or Peas
	AVAILABLE DAILY		Jacket Po	otatoes with Chees	se of Beans	

DESSERT

A selection of home bakes, jelly and fresh fruit available daily.





Food Allergies
and Intolerance
If you require information
on allergens or suffer from
a food intolerance, please
speak to a Team Member
before you order your









SPRING TERM March -July 2023

•	Vegetarian MONDAY	Around the World TUESDAY	Roast WEDNESDAY	Classic THURSDAY	Treat FRIDAY	
MAIN COURSE	Mac & Cheese with Garlic Bread	Mexican Chilli and Nacho Bake	Roast Chicken.	Turkey and Vegetable Bolognaise Pasta Bake	Fish Fingers	
VEGETARIAN	Cheese & Tomato Pizza	Vegetable and Bean Chilli	Veggie Toad in the Hole	Cheese & Potato Pasty	Vegetable Nuggets	
STARCHY FOOD	Potato Wedges	Wholegrain Rice	Roast Potatoes	Baby New Potatoes	Chips	
VEGETABLE	Sweetcorn	Broccoli	Carrots	Vegetable Medley	Baked Beans or Peas	
AVAILABLE DAILY	Jacket Potatoes with Cheese of Beans					

DESSERT AVAILABLE DAILY

A selection of home bakes, jelly and fresh fruit available daily.





## Food Allergies and Intolerance If you require information on allergens or suffer from a food intolerance, please

on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.







## MENU CYCLE FFK THREE VEEK

SPRING TERM March-July 2023

•	Vegetarian MONDAY	Around the World TUESDAY	Theme Day WEDNESDAY	Classic THURSDAY	Treat FRIDAY	
MAIN COURSE	Cheese & Tomato Pasta Bake	* Chicken and Vegetable Noodles	Look Out for the Weeks Theme Menu	Chicken and Vegetable Pasta Bake	Salmon Fish Cakes or Fish Fingers	
VEGETARIAN	Cheese & Tomato Pizza	Vegetable Lasagne	Look Out for the Weeks Theme Menu	Sausage and Bean savoury Rice	Cheese & Onion Pinwheel	
STARCHY FOOD	Baked Wedges	Garlic Bread	Look Out for the Weeks Theme Menu	Rice Or Pasta	Chips	
VEGETABLE	Sweetcorn	Green Beans	Look Out for the Weeks Theme Menu	Sweetcorn	Baked Beans or Peas	
AVAILABLE DAILY	Jacket Potatoes with Cheese of Beans					

DESSERT

A selection of home bakes, jelly and fresh fruit available daily.





**Food Allergies** and Intolerance If you require information





