

## Self-Care

Washing and drying hands.

Wipe my nose.

Go to the toilet by myself.

## Independence

Put my coat on.

Take my coat off.

## Speaking and Listening

Sit and listen for short period of time.

Follow simple instructions.

Begin to understand simple rules.

Start to talk about myself

Sing rhymes and songs.



## Get Ready For Nursery

It is nearly time to start Nursery. Here are some things you can practise at home to help you get ready for Nursery.



## Eating and Drinking

Sit down while eating food.

Pour water from a jug.

Drink from a straw.

## Mark Making and Writing

Make marks on paper.

Practice holding a pencil.

Trace lines and colour pictures in

## Number and Shape

Sing number songs.

Count some objects.

Play counting games.

## Reading

Begin to recognise my name.

Talk about pictures in books.

## Uniform

Purchase a uniform, including shoes that are easy for your child to take off and put on by themselves.

Label everything including shoes, ties, book bags, etc.

## Routine

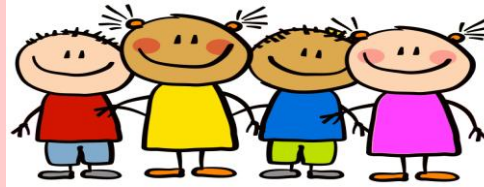
Practise putting their uniform on. Encourage them to become more independent, putting their own shoes on.

Have a good night time routine so they are feeling ready for Nursery.



## Top Tips For Parents and Carers

A few tips to help grown-ups prepare too.



## Relationships

If you have any questions or queries then ask the Nursery staff. We are here to help.

## Information/Collection

Keep school records up to date. This includes things like changes of address, telephone numbers, medical information and people who can collect your child. If someone else is picking up your child then tell your child and inform the school.

## Talking About Nursery

Talk about Nursery as a positive experience. Prior to starting Nursery walk or drive past the building to make it familiar to your child.

Share stories about Nursery to show all the fun things you can do at Nursery.