

## Self-Care

Washing and drying hands.

Wipe my nose.

Go to the toilet by myself.



**Christ The King  
Catholic Primary School**

Learning, growing and praying together with Christ Our King

## Mark Making and Writing

Hold my pencil correctly.

Make purposeful marks.

Write my name.

## Independence

Put on my shoes and socks.

Get dressed by myself.

Put on my coat and do up  
my zip and buttons.

## Get Ready For School

It is nearly time to  
start school. Here  
are some things you  
can practise at home  
to help you get ready  
for school.

## Number and Shape

Say numbers from 0-20.

Recognise some numbers.

Count some objects.

Name and find shapes.

## Speaking and Listening

Describe and make  
observations about what I  
see.

Ask questions.

Share thoughts and ideas.

Listen to stories.

Sing rhymes and songs.

## Eating and Drinking

Use a knife, fork and  
spoon.

Open a lunch box.

Open packets and  
wrappers.

## Reading

Recognise my name to help  
me find my drawer and  
coat peg.

Talk about pictures in books.

Recognise some letter  
sounds as well as names of  
letters.

## Uniform

Purchase a uniform, including shoes that are easy for your child to take off and put on by themselves.

Label everything including shoes, ties, book bags, etc.



## Top Tips For Parents and Carers

A few tips to help grown-ups prepare too.

## Routine

Establish a school day morning routine that includes breakfast, getting washed and dressed. Establish an evening routine too, such as homework time and packing your school bag. Give your child some responsibility to organise themselves.

## Information/Collection

Keep school records up to date. This includes things like changes of address, telephone numbers, medical information and people who can collect your child. If someone else is picking up your child then tell your child and inform the school.

## Talking About School

Talk about school as a positive experience. Prior to starting school walk or drive past the building to make it familiar to your child.

Share stories about school to show all the fun things you can do at school.

## Relationships

If you have any questions or queries then ask your class teacher. We are here to help.