



YEAR 3 FAMILY FAITH DAY

Thank you to all the families who were able to join and support our Year 3 Family Faith Day this week. It was a wonderful opportunity to come together and celebrate our shared values.

The children enjoyed creating their own Faith Day kits, focusing on the Sacrament of Reconciliation and reflecting on the importance of forgiveness in our lives. This special day helped deepen the children's understanding of their faith and encouraged meaningful conversations about compassion and kindness.

SCHOOL MASS

Children in Reception - Year 5 will attend whole school Mass on Tuesday 27 January at 9:30am. The readings will be led children in Year 2 and Year 5

SUNDAY MASS

Sunday 25th January - Year 2 Family Mass at 9am

Readings led by Year 6 children

Children in Years 4 - 6 are welcome to join staff in the choir loft. Children in Reception - Year 3 are welcome to participate in children's liturgy

YEAR 5 PCSO SESSIONS

A huge thank you to our community PCSOs for coming into school this week to deliver the first session of the children's programme. The children had an amazing time, and it was a fantastic way to explore different vocations in a fun and engaging way



Year 3 - First Holy Communion

Thursday 5th February @6pm	Parents meeting on Word of God in church
Sunday 8th February @9am	Year 3 Mass at 9am (Children receive Red Bibles)

OUR MISSION THIS WEEK



Happy Birthday to

Faye
Jonah W
Ivy-Belle S
Vienna H





Thank you to these wonderful children who have completed the mission this week. They have made fantastic 'Child of God' ID badges to remind them everyday that they belong to God.



On Tuesday, we all gathered in Church to celebrate Mass, led beautifully by Year 5 and Year 1.



Well done to the children in Art Club this week, who used oil pastels to create wonderful images of Jesus being baptised. They have been displayed in the KS1 reception area for parents to view.



Last Friday, Reception made snowman sun catchers for their winter enrichment art session. During their forest school session, Reception had lots of fun exploring our nature area, creating their own nature pots, making bird feeders and even painting in the snow!



On Wednesday, we saw a fantastic effort from the school football team in Birmingham at the West Midlands Schools County Finals. Well done team!





We are delighted to introduce our **Weekly RE Showcase**, where each year group will share highlights of their Religious Education learning. From thoughtful reflections to creative work, we are incredibly proud of the children's **growing knowledge, understanding, and wonderful contributions**. Each week, we'll feature a different year group to celebrate their journey in faith and learning. Keep an eye out for inspiring displays of scripture, prayer, and how our pupils live out Gospel values in everyday life.

YEAR FOUR

Year 4 have enjoyed a variety of activities to support our learning during Advent and Christmas time.

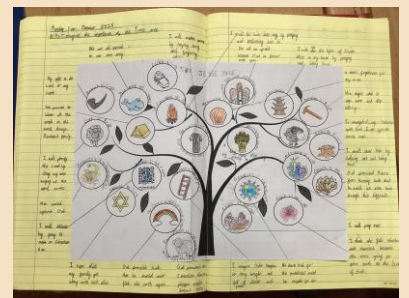
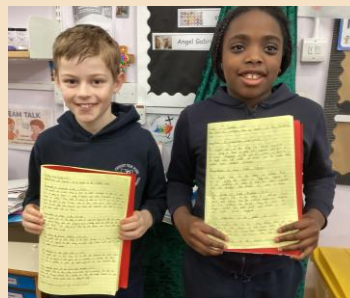
They took some time to say a special prayer at the Crib after Mass on the Feast of the Epiphany. The children then wrote their thoughtful prayers in their RE books.

The children used their English skills to create a wonderful, informative play script, the Nativity Story.



The children explored the importance of the Jesse Tree. They found lots of links to historical Biblical characters. The children particularly enjoyed reading about Joseph and his life with his family and then in Egypt and how this has influenced Salvation History.

The children researched the roles of angels in the Christmas story and produced some wonderful pieces of detailed writing.



Year 4 are continuing to learn about the importance of Feast Days. They produced some wonderful pieces of artwork around the Feast Day of Christ the King.





Maths at CTK!

Year 4 have been using base 10 resources to support them in their new division topic.



Congratulations to:

Class 2

40% of pupils are in the green zone!



DOODLE MATHS

MOST STARS EARNED THIS WEEK

Class 1 – Sam

Class 2 – Ronan

Class 3 – Finley

Class 4 – Liam

Class 5 – Kristin

Class 6 – Ayda

Class 7 – Lance

Class 8 – Lucas

Class 9 – Derry

Class 10 – Cole

Class 11 – Alicja

Class 12 – Harry

Class 13 - Daisy

Class 14 - Alex



TIMES TABLE ROCK STARS (TTRS)

MOST IMPROVED PLAYERS OF THE WEEK

Class 7 – Harlow

Class 8 – Eve

Class 9 – George

Class 10 – Tess

Class 11 - Scarlett

Class 12 – Jack

Class 13 – Aaliyah



These children now have a trophy which they can proudly display on their desk at school for the week!





January 2026



Sunday 25th January – Year 2 family Mass at CTK church at 9am

Monday 26th January – Year 6 Shakespeare Workshop in school

Thursday 29th January - Book Look for parents in school in preparation for parents evening 3:30pm – 4:45pm at both school sites.

Friday 30th January – Police Workshop for children focusing on Online Safety

*Monday 19th January – Year 4 and 6 wear PE kit

*Tuesday 20th January – Year 3 and 5 wear PE kit

CLASS PE TIMETABLE
Spring TERM 1 - 2026

CHILDREN ARE TO WEAR THEIR PE KIT TO SCHOOL ON THE DAY OF THEIR LESSON.

Monday	Tuesday	Wednesday
<ul style="list-style-type: none"> Year 3 	<ul style="list-style-type: none"> Year 2 Year 4 	<ul style="list-style-type: none"> Nursery Year 5 (class12 swimming) Year 6
Thursday	Friday	CTK PE Uniform
<ul style="list-style-type: none"> Reception (Dance with Ricky) Year 1 (Dance with Ricky) Class 8 Year 4 Year 5 	<ul style="list-style-type: none"> Class 7 Year 6 	<ul style="list-style-type: none"> CTK Navy Sports T-shirt Navy / Black sport shorts (not tight/cycling shorts or leggings please) CTK Hoodie or Navy/ black plain tracksuit (No branded sports labels please such as Nike or Adidas) Sports Trainers (not converse/fashion trainers please)

February 2026

Monday 2nd February– Myton Hospice Assembly in school for children – start of appeal.

Tuesday 3rd February – Reception Vision Checks in school

Wednesday 4th February – Scratch Cosing workshop for Year 2 at 1pm.

Wednesday 4th February – Parents evening bookings to be made via Arbor.

Thursday 5th February – Parents evening bookings to be made via Arbor.

Wednesday 11th February – Scratch Cosing workshop for Year 3 at 1pm.

Thursday 12th February – Year 2 class prayer service in the classroom (1 adult per child please).

Thursday 12th February – PTA Disco – more information to follow

Friday 13th February – Last day of half term

IT'S SHOWTIME

CTK PERFORMANCE PLANNER 2025-2026

Who?	What?	When?
Year 1	Dance Show	Thursday 12 th February 2:15pm WHR site
Reception	Dance Show	Thursday 19 th March 2:15pm WHR site
Year 2	Dance Show	Thursday 26 th March 2:15pm WHR site

SACRAMENTAL PREPARATION

Year 3 - First Holy Communion

Thursday 5th February at 6pm Parents meeting on Word of God in church

Sunday 8th February Year 3 Mass at 9am

Year 6- Confirmation

Wednesday 25th February at 6pm Parents meeting in church

Sunday 1st March- Year 6 Commitment Mass at 9am



Upcoming Enrichment Days at Christ the King Spring Term 2026

We're excited to announce our upcoming enrichment days, where children will take part in a carousel of engaging, hands-on activities in small groups. These will focus on

- Forest School and Gardening,
- Cooking and Nutrition, and
- Art Skills.

Children should come to school in their usual school uniform, but we kindly ask that they bring a change of clothes suitable for outdoor activities.

This could include:

- Wellies or old trainers (that you don't mind getting muddy)
- Old trousers or jogging bottoms
- Waterproof clothing, if available

Your child's class teacher will be in touch closer to the time to let you know if any specific clothing or items are needed for their group's activities.

We're really looking forward to these enrichment days - they're a fantastic opportunity for children to explore new skills, enjoy creative learning, and make lasting memories.

Thank you for your continued support!

Forest School and Enrichment Day Planner
Spring Term 2026

Please note – dates may be subject to change

When?	Who?
Friday 9 th January 2026	Class 1 and Class 2
Friday 16 th January 2026	Class 9 and 10
Friday 23 rd January 2026	Class 11
Friday 30 th January 2026	Class 12
Friday 6 th February 2026	Swimming Gala
Friday 13 th February 2026	Class 7 and 8
HALF TERM	
Friday 27 th February 2026	-----
Friday 6 th March 2026	Class 3 and Class 4
Friday 13 th March 2026	Class 1 and Class 2
Friday 20 th March 2026	Class 13 and Class 14
Friday 27 th March 2026	Class 5 and Class 6
SCHOOL HOLIDAY	





Safeguarding at CTK

Designated Safeguarding lead: Miss J Riach (Head teacher)
 Deputy Designated Safeguarding lead: Mrs S Horrocks (Assistant Headteacher) and Mrs T Hagyard (Learning Mentor)

What Parents & Educators Need to Know about DIGITAL DEVICES & WELLBEING

Children aged 7 to 14 now spend roughly 3 to 5 hours a day on phones, tablets, consoles, and computers. That much screen time has parents and educators worried – not just about the hours logged, but about online safety and the knock-on effects on mental health. This guide brings together practical, expert-backed strategies so adults can nurture healthier digital habits and help young people thrive both on and offline.

WHAT ARE THE RISKS?

- SLEEP DISRUPTION**
Excessive screen time, especially before bed, can interfere with melatonin production and delay sleep onset. Children may struggle to concentrate or regulate emotions due to poor sleep hygiene linked to late-night device use.
- ONLINE PEER PRESSURE**
Social media platforms expose children to unrealistic standards and peer validation loops. Likes, comments, and follower counts can influence self-worth and lead to anxiety or risky behaviour to gain approval.
- CYBERBULLYING EXPOSURE**
Children may encounter bullying through messaging apps, games, or social media. This can be persistent and anonymous, making it harder to detect. Victims often feel isolated and reluctant to report incidents.
- REDUCED PHYSICAL ACTIVITY**
Time spent on screens often replaces outdoor play and physical activity. This sedentary lifestyle can contribute to obesity, poor posture, and reduced cardiovascular health.
- EMOTIONAL DYSREGULATION**
Fast-paced digital content can overstimulate young brains. Children may become irritable, impatient, or struggle with boredom and emotional control when not engaged with screens.
- PRIVACY AND SAFETY RISKS**
Children may unknowingly share personal information or interact with strangers online. Without guidance, they may not understand the long-term consequences of digital footprints or unsafe online behaviour.

Advice for Parents & Educators

- SET CLEAR BOUNDARIES**
Establish screen-time limits and device-free zones, e.g. classrooms and dinner tables. Use parental controls and co-create a digital use agreement with children to encourage accountability. Trying a visual schedule or timer app can help children understand and stick to limits.
- ENCOURAGE OPEN DIALOGUE**
Create a safe space for children to talk about their online experiences. Ask open-ended questions like, "What did you enjoy online today?" to build trust and awareness. Try setting aside 10 minutes each day for a digital check-in where children can share what they've seen or done online.
- MODEL HEALTHY HABITS**
Children mirror adult behaviour. Demonstrate balanced device use, take regular screen breaks, and prioritise face-to-face interactions to reinforce positive behaviours. Making a habit of putting your phone away during meals and conversations can show that real-life interactions come first.
- PROMOTE DIGITAL LITERACY**
Teach children how to evaluate online content, recognise misinformation, and understand privacy settings. Empower them to think critically and act responsibly in digital spaces. You could use real-life examples from the news or social media to help children practice spotting fake information.

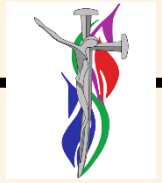
Meet Our Expert
Adam Gilbert is Associate Vice Principal for Personal Development at Persephone Grammar School and works on secondary one day a week for Minds Ahead, which works with schools on improving their mental health provision.

#WakeUpWednesday
The National College

Digital devices are woven into everyday life for children and young people, but balancing the benefits with potential risks can feel challenging. This guide explores how screen use can influence sleep, emotional regulation, physical health and online experiences, offering clear context around why concerns about wellbeing are growing.

Written with schools and families in mind, the guide shares practical, realistic advice for setting boundaries, encouraging open conversations and building digital literacy. With insights from an experienced mental health professional, it supports adults to help children develop healthier, more mindful relationships with technology.





EXTRA CURRICULAR CLUBS



DIARY DATES FOR SPRING TERM 2026

Westhill Road Site:

Monday 19 January

3:15pm – 4:15pm Art Club

Tuesday 20 January

3:15 pm– 4:15pm Chill Out Club

Wednesday 21 January

3:15 pm– 4:15pm Language Club

Thursday 22 January

Friday 23 January

Scots Lane:

Monday 19 January

8am - 8:45am – Dodge Ball

3:30 pm– 4:30pm Cooking Club

3:30 pm– 4:30pm Hi 5 Training

Tuesday 20 January

8:00 am– 8:45am Yr 3/4 Tennis Club

12noon – Year 5 Coding Club with Mrs Cruz-Stout

3:30 pm– 4:30pm Boys Football

Wednesday 21 January

8:00 am– 8:45am Yr 5/6 Tennis Club

12:30pm - Swimming class 12

3:30 pm– 4:30pm Chat Club

3:30 pm– 4:30pm Girls Football

Thursday 22 January

~~3:30 pm– 4:30pm Girl's Football Team~~
cancelled due to fixture










Friday 23 January

3:30 pm – 4:30pm Boys Football Club





ATTENDANCE AT CTK

WHR site		SL site	
Class Name	Weekly Attendance 12/01/2026 – 16/01/2026	Class Name	Weekly Attendance 12/01/2026 – 16/01/2026
Nursery	98.3% 	Class 7	94.7%
Class 1	92.0%	Class 8	98.7% 
Class 2	98.0% 	Class 9	96.0% 
Class 3	92.7%	Class 10	90.6%
Class 4	98.7% 	Class 11	96.9% 
Class 5	95.0% 	Class 12	99.7% 
Class 6	89.0%	Class 13	97.4% 
		Class 14	94.8%

Children arriving late to school

Please be advised that if your child is late to school at WHR or SL site, children must be signed in by a parent/carer. Children are not permitted to sign themselves in for safeguarding reasons. Thank you for your understanding.

Reporting your child's absence

Please can parents/carers remember to call the school on 02476 335790 **before 9am** if your child is going to be absent and leave a message. You can also e-mail ctk_parentlink@hccmac.co.uk to report an absence. **Reasons such as 'unwell' or 'poorly' are not valid, please explain the symptoms of your child's illness and the reason they cannot attend school.**

Ongoing attendance percentage At CTK we carefully monitor your child's attendance and punctuality percentage on a daily, weekly and monthly basis to ensure that pupils are attending school for 95% or more of the time in line with the DfE expectations.

Please click on the link below to see you if would qualify from a free travel pass for your child
<https://www.coventry.gov.uk/schools-schooling/school-travel-passes/2>





COVENTRY SCHOOL NURSING NEWSLETTER

Primary Schools

Happy New Year!

Happy New Year from the entire School Nursing Team!

We hope that everyone enjoyed a lovely festive break and is now settling back into the school routine.

The school nursing service operates **Monday to Friday 9 am - 5 pm**, excluding public and bank holidays. You can reach us using the contact details provided below:

Phone: 01926 495321 Ext 7494

Or text us via ChatHealth

07507 329 114 (Parent Line)

Here's a reminder of what the School Nursing team can support you with:

- Toileting
- Sleep
- Challenges with eating and diet
- Delivering the NCMP for Reception and Year 6 pupils
- Puberty
- Emotional/Mental health
- Managing behaviour
- Hygiene

Winter Water Safety

Cold weather makes rivers, canals and ponds more dangerous. If you're out walking, remember:

- Stay off the ice
- Keep back from the edge
- Keep children and dogs close
- In an emergency, call 999
- If you fall in: float on your back & shout for help

Stay safe this winter ❤️

More tips:

Royal Life Saving Society UK

Staying Active During the Winter

Keeping children active during winter can be tricky, but it's important for their overall health and happiness. Regular movement improves both mind and body.

Here are some tips to help make exercise more fun during the colder months:

- **Winter Scavenger Hunt** - search for animal tracks and wildlife
- **Plan a Snack Stop** - Bring along some hot chocolate or warm milk, along with a healthy snack.
- **Go Geocaching** - www.geocaching.com
- **Winter crafts** - collect items for a winter potion or winter-themed arts and crafts.

For more ideas, check out the Woodland Trust website: [9 Fun Ideas for Family Winter Walks - Woodland Trust](#)

Can't Get Outdoors?

Movement and exercise can be done indoors using online resources, creating obstacle courses, or simply turning on some music for dancing.

Here are some helpful online resources:

- **Activities for Kids - NHS Healthier Families**
- **Activate with Joe - YouTube** - <https://youtube.com>

For more support with exercise and healthy living for your family, contact the **Be Active Be Healthy Team** - linktr.ee/be_active_be_healthy_team

Free Online Learning for Families from TOGETHERNESS

Coventry City Council offers families free access to Togetherness resources for family wellbeing. Parents, carers, grandparents, and young people can learn from NHS experts and other parents to better understand and manage emotions. Visit the **Togetherness** website and use the access code: **SPIRES3** for more information.

Contact us (Monday to Friday, 9:00 AM - 5:00 PM, excluding bank holidays)

01926 495321 Ext 7494

swg-tr.contactschoolnursescoventry@nhs.net

Text via ChatHealth
07507 329 114 (Parent Line)



<https://linktr.ee/coventringschoolnursing>



Coventry School Nursing Team



COVSCHOOLNURSES





COVENTRY

SCHOOL NURSING NEWSLETTER Primary Schools

Awareness Days January to March 2026



Children's Mental Health Week

Place2Be's Children's Mental Health Week 2026 is due to take place 9th - 15th February 2026. This year's theme is "This is My Place" which is all about highlighting how important it is to support the people and systems around our children so they can grow up in welcoming, supportive environments where they feel like they truly belong and can say, "This is My Place".

Eating Disorders Awareness Week

Eating Disorders Awareness Week runs from Monday, 23rd February to Sunday, 1st March 2026. It focuses on the loneliness experienced by children and young people dealing with eating disorders. BEAT emphasises the importance of community, family, and support networks in helping individuals feel supported and understood as they work towards recovery.

National Storytelling Week

National Storytelling Week takes place from 1st - 9th February to celebrate storytelling and is organised by the Society for Storytelling. The week aims to encourage the sharing of stories and the impact they can have. Storytelling has lots of benefits to children, giving a learning opportunity about things such as kindness and bravery. It helps children understand emotions by encouraging feelings like laughter and sadness. It can also enhance imagination and creativity, and give you wonderful bonding opportunity with your children.

Cold Weather & Child Health

Colder weather can affect children's health, particularly those with asthma, eczema, or other long-term conditions. Here are some tips to keep in mind:

- **Hydration and Nutritious Meals** - Help children stay comfortable by keeping them hydrated and eating healthy.
- **Indoor Temperature** - Remember to keep indoor temperatures at least 18°C to create a comfortable and cosy environment.
- **Layer Clothing** - Dress children in layers for their journey to and from school.
- **Warm Accessories** - Dress them in warm coats, gloves, and hats.
- **Ventilation** - Ensure proper ventilation while keeping spaces warm.



Health Awareness

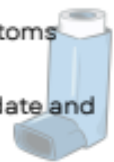
Be mindful of when your child should stay at home and keep children home if they have:

- A high temperature
- Vomiting or diarrhoea (must be symptom-free for 48 hours before returning)
- Are too unwell to take part in normal school activities

Asthma, Eczema & Winter Conditions

Cold air and indoor heating can make symptoms worse. Things to remember...

- **Inhalers:** Ensure that inhalers are up-to-date and accessible at school.
- **Eczema Management:** Moisturise skin regularly to manage eczema.
- **Asthma Care:** Illness can trigger asthma flare-ups, so quick management is essential.



For more information, visit: ukhsa.blog.gov.uk/a-parents-guide-to-keeping-kids-healthy-this-school-year/

Contact us (Monday to Friday, 9:00 AM - 5:00 PM, excluding bank holidays)

01926 495321 Ext 7494

swg-tr.contactschoolnursescoventry@nhs.net

Text via ChatHealth
07507 329 114 (Parent Line)

Linktree*
<https://linktr.ee/coventringschoolnursing>



Coventry School
Nursing Team



COVSCHOOLNURSES





CHRIST THE KING CATHOLIC PRIMARY SCHOOL



School will be closed to all pupils on the following INSET Days

Monday 1 September 2025

Tuesday 2 September 2025

Friday 14 November 2025

Friday 3 July 2026

Monday 20 July 2026

Coventry City Council **School term dates 2025-2026**

August 2025						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2025						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2025						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2025						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2025						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2026						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2026						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2026						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2026						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2026						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2026						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 2026						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Summer bank holiday	25 August 2025	Good Friday	3 April 2026
Christmas Day	25 December 2025	Easter Monday	6 April 2026
Boxing Day	26 December 2025	May Day holiday	4 May 2026
New Year bank holiday	1 January 2026	Spring Bank holiday	25 May 2026

Term time
Holiday
Bank holiday
Weekend
LA set training day
Secondary Induction Day

+ 4 set by the school

