



CHRIST THE KING CATHOLIC PRIMARY



WEEKLY SCHOOL NEWSLETTER – Friday 12th September 2025

WELCOME NURSERY AND RECEPTION

This week, we've had the absolute pleasure of welcoming our new Nursery and Reception children to Christ the King – and what a fantastic start they've made! It's been wonderful to see them settle so well into school life and begin their journey as part of the CTK family.

Reception have already shown great independence in the school hall, confidently choosing their lunch options, carrying their own dinner trays, and even clearing their plates away afterwards. They've been brilliant role models, and we're so proud of how quickly they've adapted to their new routines.



We can't wait to see what the children achieve over the year, making memories to last a lifetime. It's going to be an exciting journey ahead!

SCHOOL MASS

Children in Year 1 – Year 6 will attend whole school Mass on Tuesday 23rd September at 9am. The readings will be led by Year 6

SUNDAY MASS

Sunday 14th September - 9am Mass
Readings led by children in Year 6

Children in Years 4 – 6 are welcome to join staff in the choir loft. Children in Reception – Year 3 are welcome to participate in children's liturgy



A lovely way to start our new year at Christ the King, with a beautiful Mass celebrated by Father Tom and led by some of the staff.

OUR MISSION THIS WEEK

THE MISSION
THE EXALTATION OF THE CROSS

THE CROSS IS A PERFECT SIGN OF GOD'S LOVE FOR YOU. YOUR MARK 10 MISSION IS TO DESIGN A CROSS WHICH WILL REMIND EVERYONE OF THE LOVE OF GOD. YOU CAN FIND A TEMPLATE ON OUR WEBSITE. DESIGN AND DECORATE YOUR CROSS HOWEVER YOU CHOOSE AND THEN MAKE SURE TO PUT IT ON DISPLAY. THIS WILL BE A WONDERFUL WAY FOR YOU TO MARK THE EXALTATION OF THE CROSS.

MARK 10 MISSION

Happy Birthday to

James A
Oisin B
Esme C
Ollie W



Lorenzo R-P
Jack M
Harriet C





Get to know me!



Miss Sexton



Dear Parents/Carers,

I would just like to take this opportunity to introduce myself. I am delighted to have joined Christ the King as a Year 3 teacher, and it has been a wonderful first two weeks getting to know the children and staff in such a welcoming and supportive community.

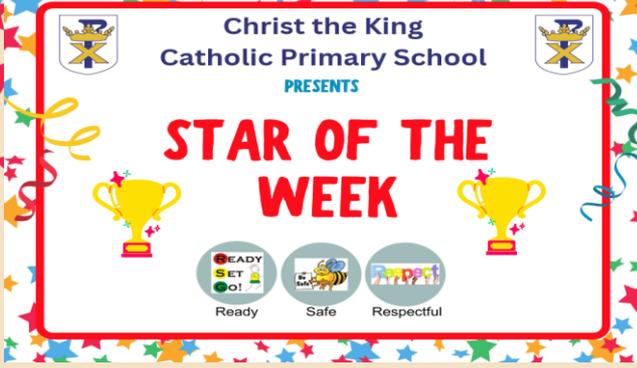
I completed my training year at St John Vianney, and I feel very fortunate to be able to continue my teaching career within the Holy Cross MAC. I am looking forward to bringing energy, creativity and enthusiasm to the classroom, ensuring that every child feels engaged, valued and inspired in their learning. I am especially passionate about making lessons interactive and enjoyable, and I am eager to contribute positively to the wider life of the school.

Outside of the classroom, I have a great love for arts and crafts, and I enjoy finding ways to incorporate creativity into learning and special projects. You may also have noticed my fondness for strawberries, which appear often in my classroom displays! At home, I have a very cheeky sausage dog called Bertie, who I adore, even though he is rather naughty at times.

I am really excited about the year ahead and all the opportunities it will bring. I look forward to working closely with both the children and families to make Year 3 a memorable and successful experience for everyone. Please do come and say hello if you see me at future school events or Mass.

Kind regards,
Miss Sexton





Well done to the stars of the week

Class 1	Coming soon 😊
Class 2	Coming soon 😊
Class 3	Orlaith Finley
Class 4	Luca Elijah
Class 5	Elisei Amiah
Class 6	Rosie-Lee Clara

Well done to the stars of the week

Class 7	Clara M Alfie M
Class 8	Eve Shay
Class 9	Caitlin
Class 10	Teddy Freya
Class 11	Oscar Isaac
Class 12	Chloe Jack
Class 13	Spencer Sofia H-T
Class 14	James K Erin T





This week, Year 2 have enjoyed painting in the style of Monet and Year 3 have been drawing and shading leaves.



Well done to Ronan in class 3 who this summer took part in the Birmingham Children's Hospital challenge and walked 31 miles in August. Ronan raised an impressive £730 in total. Well done, we are so proud of you!



A group from class 5 had a lovely afternoon outside in our school garden starting to complete our Education Nature Parks Award. We looking at habitats and the different trees in our setting, we also looked for the different colours of nature.

Well done to these budding artists who had their first session at Drawing Club this week.



Congratulations to Isla-Kate (class 12) for performing at Disneyland Paris during the summer! What an amazing experience, we are very proud of you!





September

Monday 15th September – Year 3 – Year 6
Flu Vaccinations (Nasal Sprays) *Please see the email from the NHS*

Monday 29th September – Reception – Year 2
Flu Vaccinations (Nasal Sprays) *Please see the email from the NHS*

Monday 29th September – 3:45 – 4:30 - Multiplication Workshop for Year 3 and Year 4 Parents

October

Thursday 2nd October – Year 5 Retreat Day at Holy Family Catholic Church

Friday 3rd October - Year 2 Family Faith Day 9am at WHR school hall (1 adult per child)

Friday 10th October - Year 5 Family Faith Day 9am at SL school hall (1 adult per child)

Wednesday 15th October - Parents Evening 3:30pm – 5:45pm at WHR site for all classes

Thursday 16th October - Year 4 Class Prayer Service at 9am in classrooms (1 adult per child)

Thursday 16th October - Parents Evening 3:30pm – 5:45pm at WHR site for all classes

Friday 17th October - Year 1 Family Faith Day 9am at WHR school hall (1 adult per child)

W/B Monday 20th October - Thursday 23rd October – Bike-ability for Year 5- more information to follow about booking a place

Wednesday 22nd October – Mr Egypt- Enrichment experience for Year 4

Thursday 23rd October – PTA Disco- more information to follow

Friday 24th October – Last day of the half term

CLASS PE TIMETABLE
Autumn TERM one - 2025

CHILDREN ARE TO WEAR THEIR PE KIT TO SCHOOL ON THE DAY OF THEIR LESSON.

Monday <ul style="list-style-type: none"> Nursery Year 3 	Tuesday <ul style="list-style-type: none"> Year 4 Year 5 	Wednesday <ul style="list-style-type: none"> Nursery Year 5 Year 6
Thursday <ul style="list-style-type: none"> Year 2 Year 4 Year 6 	Friday <ul style="list-style-type: none"> Reception Year 1 Year 3 	CTK PE Uniform <ul style="list-style-type: none"> CTK Navy Sports T-shirt Navy / black sport shorts (not tight/ cycling shorts please) CTK Hoodie or Navy/ black plain tracksuit (No branded sports labels please such as Nike or Adidas) Sports Trainers (not converse/fashion trainers please)

Please contact Mrs Hagyard if you would like some preloved uniform.

November

Monday 3rd November – First day back

Monday 3rd November – Friday 7th November – Year 6 at Plas Dol-y-Moch

W/B 10th November – Switch off fortnight

Tuesday 11th November – Remembrance Day

Wednesday 12th November – Year 6 to visit Coventry Cathedral

CTK UNIFORM

Our uniform shows that we are part of the Christ the King Catholic Primary School community. We have the highest expectations from our pupils with regards to school uniform and appearance, and strongly believe that our high standards promote positive behaviour, support effective teaching and learning and contribute to the ethos of the school.

Summer term 1 & 2 Autumn term 1

- A white polo shirt with/ without the school logo.
- Shorts for both girls and boys during the summer months, which must be no shorter than just above the knee.
- A blue and white checked (all over) dress/ playsuit which must be no shorter than just above the knee.
- If children wish to wear cycling shorts under their skirt for privacy reasons then they must be navy or black.
- A pair of sensible black leather school shoes, NOT boots, shoes with heels or trainers

Stud earrings to be worn all year - not hoops
hair must be tied back - no patterns cut into hair

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All year round

- Plain white shirt/blouse and school tie.
- Nursery Children - School jumper/cardigan with the school logo.
- A charcoal grey/black trousers or skirt. All of which must be no shorter than just above the knee.
- A pair of grey/white socks or navy blue/ grey tights.
- If children wish to wear cycling shorts under their skirt for privacy reasons then they must be navy or black.
- A pair of sensible black leather school shoes, NOT boots, shoes with heels or trainers.
- Girls who, for reasons linked to their faith, wish to wear a headscarf may wear a plain white scarf. Their face must not be covered.

PE T-Shirt, PE shorts, PE Hoodie with or without the logo, Tracksuit Bottoms





SACRAMENTAL PREPARATION

Dates for your diary

Year 3 - First Holy Communion

Thursday 20th November at 6pm - Parents meeting on Prayer

Sunday 23rd November - Year 3 Mass at 9am (Children receive Rosary Beads)

Thursday 5th February at 6pm - Parents meeting on Word of God

Sunday 8th February - Year 3 Mass at 9am (Children receive Red Bibles)

Thursday 5th March at 6pm - Parents meeting on Reconciliation

Thursday 26th March at 6pm - First Confession for children, parents and staff

Thursday 16th April at 6pm - Parents meeting First Holy Communion

Saturday 9th May - First Holy Communion (class 7 :10am & class 8 :12noon)

Sunday 10th May at 12noon - Crowning of our Lady in church

Year 6 - Confirmation

Awaiting dates





Upcoming Enrichment Days at Christ the King

We're excited to announce our upcoming enrichment days, where children will take part in a carousel of engaging, hands-on activities in small groups. These will focus on

- Forest School and Gardening,
- Cooking and Nutrition, and
- Art skills.

Autumn Term 2025

Please note – dates may be subject to change

When?	Who?
Friday 5 th September 2025	Class 14
Friday 12 th September 2025	Class 13
Friday 19 th September 2025	Class 12
Friday 26 th September 2025	Class 11
Friday 3 rd October 2025	Class 10
Friday 10 th October 2025	Class 9
Friday 17 th October 2025	Class 8
Friday 24 th October 2025	Class 7
HALF TERM	
Friday 7 th November 2025	Class 5 and Class 6
Friday 14 th November 2025	Teacher Training Day
Friday 21 st November 2025	Class 3 and Class 4
Friday 28 th November 2025	Advent Day
Friday 5 th December 2025	Class 1 and Class 2
Friday 12 th December 2025	Class 13 and Class 14
Friday 19 th December 2025	Last Day of Term
SCHOOL HOLIDAY	

Children should come to school in their usual school uniform, but we kindly ask that they bring a change of clothes suitable for outdoor activities.

This could include:

- Wellies or old trainers (that you don't mind getting muddy)
- Old trousers or jogging bottoms
- Waterproof clothing, if available

Your child's class teacher will be in touch closer to the time to let you know if any specific clothing or items are needed for their group's activities.

We're really looking forward to these enrichment days – they're a fantastic opportunity for children to explore new skills, enjoy creative learning, and make lasting memories.

Thank you for your continued support!





🌟 Welcome Mrs Akame to Christ the King! 🌟

We are delighted to welcome Mrs Akame to our school community! Mrs Akame is currently studying for her Master's in Social Work and will be joining us on placement starting Monday 15th September.

During her time with us, Mrs Akame will be working closely with our pastoral team, particularly alongside Mrs Hagyard, to support the social and emotional wellbeing of our children. We are thrilled to have her on board and know she will make a positive impact. Please join us in giving her a warm welcome!



10 Top Tips for Parents and Educators

RECOGNISING & MANAGING STRESS

According to recent studies, over 80% of young people report feeling regularly overwhelmed – with stress impacting their learning, emotional wellbeing and social connections. If left unaddressed, stress can lead to more serious concerns such as anxiety, depression or disengagement. This guide offers ten practical, evidence-based strategies to help children and young people recognise, manage and recover from stress in healthy ways.

- SPOT THE SUBTLE SIGNS**
Look out for changes in mood, behaviour, or energy levels, such as irritability, withdrawal, clinginess, or frequent headaches. These may indicate that a child is feeling overwhelmed. By tuning into these cues early and offering a calm, non-judgemental space to talk, adults can help children feel heard and supported before issues escalate.
- KEEP CONVERSATIONS FLOWING**
Make time for open, informal check-ins – whether it's during car journeys, over dinner, or in quiet classroom moments. Let children know it's okay to talk about what's bothering them. Regular, low-pressure conversations create a safe space where emotions are validated, not dismissed.
- MAKE MOVEMENT PART OF THE DAY**
Physical activity can dramatically reduce stress hormones while improving mood and focus. Encourage movement through activities children genuinely enjoy – from team sports to dancing around the kitchen. Even light activity like stretching or walking the dog can help us all unwind.
- SUPPORT HEALTHY SLEEP PATTERNS**
Poor sleep makes stress harder to manage. Establish a calming evening routine that avoids screens before bedtime and promotes winding down, such as reading, listening to music, or chatting quietly. Good sleep hygiene helps reset mood, enhances concentration, and boosts emotional resilience.
- PRACTISE MINDFULNESS**
Mindfulness doesn't have to mean long periods of meditation. A few slow breaths before lessons or short family meditation sessions before bed can make a real difference. These simple habits help children ground themselves, reduce emotional reactivity, and build inner calm over time.
- SET DIGITAL BOUNDARIES**
Excessive screen time, especially before bed or on social media, is linked with higher stress levels. Set clear expectations for when and where devices can be used and suggest screen-free alternatives like crafts, nature walks, or board games to promote digital balance and reduce overstimulation.
- NURTURE SOCIAL CONNECTIONS**
Strong relationships act as a buffer against stress. Whether it's a trusted adult, a sibling, or a good friend, ensure children have people around them they can talk to and spend quality time with. Help them build these bonds through shared activities and meaningful interaction.
- PROGRESS OVER PERFECTION**
Set realistic goals and praise effort, not just outcomes. When children feel pressured to be perfect, stress naturally follows. Celebrate small wins and help them reframe setbacks as learning opportunities. This helps build confidence and reduces the fear of failure.
- TEACH EVERYDAY PROBLEM-SOLVING**
Use real-life scenarios to build resilience. Encourage children to identify problems, consider possible solutions, and choose a plan of action. Practising these steps builds a sense of control and reduces the helplessness that often accompanies stress.
- BE THE MODEL THEY NEED**
Children notice how adults respond to challenges. Model healthy coping strategies such as taking breaks, asking for help, or calmly expressing frustration. By showing how you manage stress constructively, you help normalise these behaviours and encourage children to do the same.

Meet Our Expert
Anna Bateman is Director of Halcyon Education Ltd, Director for Wellbeing and Family Services at Leigh Trust, and lead expert for mental health at The National College. Anna specialises in strategic mental health solutions for schools, supporting educators and families to improve resilience, emotional literacy, and overall wellbeing for children across the UK.

#WakeUpWednesday **The National College**

Safeguarding at CTK
Stress is something we all experience – but for children and young people, it can feel especially overwhelming. This guide presents 10 simple, actionable strategies to help young people manage stress in a healthy and balanced manner. Whether it's noticing early signs, encouraging open conversations, or modelling calm responses, there are plenty of ideas here to support positive change.





ENRICHMENT CLUBS BEFORE AND AFTER SCHOOL



DIARY DATES FOR AUTUMN TERM 2025

Westhill Road Site:

Monday 15 September

3:15 pm– 4:15pm Computer Club

Tuesday 16 September

3:15 pm– 4:15pm Drawing Club

3:15 pm– 4:15pm Chill Out Club

Wednesday 17 September

3:15 pm– 4:15pm Language Club

Thursday 18 September

Friday 19 September

Scots Lane:

Monday 15 September

3:30 pm– 4:30pm Cooking Club

3:30 pm– 4:30pm Darts Club

Tuesday 16 September

8:00 am– 8:45am Yr 3/4 Tennis Club

3:30 pm– 4:45pm Boy's Football Trials

Wednesday 17 September

8:00 am– 8:45am Yr 5/6 Tennis Club

12:30pm - Swimming class 11

3:30 pm– 4:30pm Chat Club

3:30 pm– 4:30pm Girls Football

Thursday 18 September

3:30 pm– 4:45pm Girl's Football Trials

Friday 19 September

3:30 pm– 4:30pm Boys Football Club





ATTENDANCE AT CTK

WHR site		SL site	
Class Name	Weekly Attendance 08/09/2025 – 12/09/2025	Class Name	Weekly Attendance 08/09/2025 – 12/09/2025
Nursery		Class 7	98.3% 
Class 1		Class 8	97.7% 
Class 2		Class 9	96.7% 
Class 3	97.7% 	Class 10	95.8% 
Class 4	97.9% 	Class 11	97.1% 
Class 5	96.7% 	Class 12	98.5% 
Class 6	95.4% 	Class 13	98.9% 
		Class 14	98.3% 

Children arriving late to school:

Please be advised that if your child is late to school at WHR or SL site, children must be signed in by a parent/carer. Children are not permitted to sign themselves in for safeguarding reasons. Thank you for your understanding.

Reporting your child's absence

Please can parents/carers remember to call the school on 02476 335790 **before 9am** if your child is going to be absent and leave a message. You can also e-mail ctk_parentlink@hccmac.co.uk to report an absence. **Reasons such as 'unwell' or 'poorly' are not valid, please explain the symptoms of your child's illness and the reason they cannot attend school.**

Ongoing attendance percentage At CTK we carefully monitor your child's attendance and punctuality percentage on a daily, weekly and monthly basis to ensure that pupils are attending school for 95% or more of the time in line with the DfE expectations.

Please click on the link below to see you if would qualify from a free travel pass for your child
<https://www.coventry.gov.uk/schools-schooling/school-travel-passes/2>





FREE Girls Activity Day



PLAY. CREATE. BELONG.

Sunday 14th September 2025 1pm to 3.30pm(ish)



School Year 1 to 5 Bring a friend!

Free goodie bag for the first 20 registered!

Register via the QR code here, or using the link



Barkers Butts RFC, Pickford Grange Lane, Coventry, CV5 9AR





1 JAN 2025 - PRIMARY

COVENTRY SCHOOL NURSING



South Warwickshire University NHS Foundation Trust

A GUIDE FOR PRIMARY SCHOOL PARENTS

The Coventry School Nursing service provides vital resources enabling you to build your child's emotional and mental resilience. As your child grows so do their needs. This guide aims to support you and your child during the primary school years, building on the support you received from the health visiting service.

PARENTING SUPPORT

Parenting can pose challenges as you guide your child through the various stages of Primary School. The School Nursing team are here to assist by providing guidance, referrals, and connections to suitable agencies.

Below are parenting videos the school nursing team have created in response to many parents requesting support in these areas. Additionally we also offer hearing screening clinics for reception aged children.

WWW.NHS.UK



Explore the NHS website for detailed information on healthcare services, medical advice and support resources.



SCAN HERE

Toileting Advice



Sleeping Tips



Behaviour Challenges



Understanding Anxiety



Challenges in Eating



Hearing Screening

Did you know that we offer free audiology clinics for children in reception class? For further information, please contact the team via email address in the footer.



ChatHealth for parents in Coventry
07507 329114



ChatHealth is a free service for parents to send confidential SMS messages to School Nurses for impartial health advice and support. Available anytime, replies are provided during opening hours (9am - 4:30pm, Monday to Friday) for various health issues.

01926 495321 Ext 7494

swg-tr.contactschoolnursescoventry@nhs.net



ChatHealth: 07507 329 114 (Parent Line)

ChatHealth: 07507 331 949 (For 11-19 year olds)



Coventry School Nursing Team



COVSCHOOLNURSES





Hearing Screening Clinics for Reception Children



Did you know your child is entitled to a free hearing test whilst they are in reception class? Here are signs that may indicate hearing difficulties:

- Not responding when called
- Speaking very loudly
- Frequently asking for repetitions or responding inappropriately
- Increasing volume on devices
- Appearing to daydream
- Slow to learn or unclear speech
- Frequent frustration or aggression

New Reception Starters from September 2025

September

**Tuesday 30th
September 2025**
9:00am - 4:30pm
Moat Family
Hub, Deedmore
Road
CV2 1EQ

October

Monday 27th October 2025
9:00am - 3:30pm
Central Library , West Orchard
Way, Coventry CV1 1FY

Tuesday 28th October 2025
9:00am - 3:15pm
Woodside Family Hub,
Upper Ride, Willenhall,
Coventry CV3 3GL

November

**Tuesday 11th
November 2025**
9:00am - 4:00pm
Mosaic Family
Hub, Jardine
Crescent,
Coventry
CV4 9PL

To book an appointment, contact the School Nursing team using the details below. Please include the following details: child's full name, child's date of birth, school attended by the child, contact email address, telephone number and preferred clinic location and date.

 Main contact tel: 01926 495321 Ext 7494
 Email: Swg-tr.contactschoolnursescoventry@nhs.net





CHRIST THE KING CATHOLIC PRIMARY SCHOOL



School will be closed to all pupils on the following INSET Days

Monday 1 September 2025

Tuesday 2 September 2025

Friday 14 November 2025

Friday 3 July 2026

Monday 20 July 2026

School term dates 2025-2026

August 2025

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2025

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2025

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2025

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2025

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Summer bank holiday
Christmas Day
Boxing Day
New Year bank holiday

25 August 2025
25 December 2025
26 December 2025
1 January 2026

Good Friday
Easter Monday
May Day holiday
Spring Bank holiday

3 April 2026
6 April 2026
4 May 2026
25 May 2026

Term time Holiday Bank holiday Weekend LA set training day Secondary Induction Day

+ 4 set by the school

