



# CHRIST THE KING CATHOLIC PRIMARY



WEEKLY SCHOOL NEWSLETTER – Friday 17th January 2025

## YEAR 3 FAMILY FAITH DAY

On Friday, Year 3 took part in a Family Faith Day, focusing on making a 'Faith Aid Kit' to support them in their preparation for the Sacrament of Reconciliation.

Thank you to the families that were able to come along and support.



## SCHOOL MASS

Children in Reception – Year 6 will attend Mass on

**Tuesday 28<sup>th</sup> January 2025.**

This will be led by children in Year 1 & 6



## SUNDAY MASS

**Sunday 26<sup>th</sup> January - 9am Mass**  
**Readings led by children in Year 6**

Children in Years 3 – 6 are welcome to join staff in the choir loft.  
Children in Reception – Year 2 are welcome to participate in children's liturgy

## ICON AMBASSADORS

This week, Jack, Marella and Aine from Year 5 attended Coventry Cathedral to become an ICON Ambassadors. They were joined by other children from the Holy Cross MAC and children from across the city.

During the training day the children explored Coventry Cathedral's story and its lasting global legacy of peace and reconciliation and the three themes of ICONS:

- 1) Healing the wounds of history,
- 2) Living with difference and celebrating diversity,
- 3) Building a culture of peace.

Our new ICON Ambassadors, along with Miss Walker, will now plan for a positive change within the school environment focusing celebrating diversity.



## SACRAMENTAL PREPARATION

**Wednesday 15<sup>th</sup> January – Year 6**  
Confirmation Parent Information session in church at 6pm.

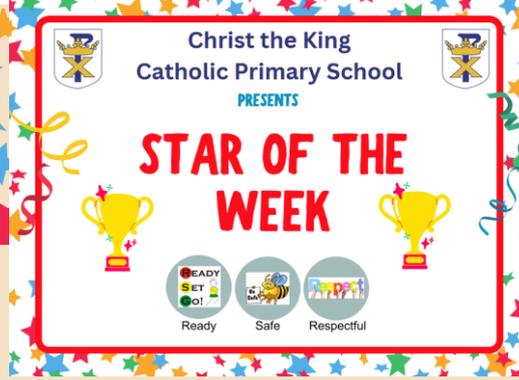
**Sunday 19<sup>th</sup> January – Year 6**  
Commitment Mass in church at 9am

## OUR MISSION THIS WEEK

**THE MARK 10**  
**THE MISSION**  
**BAPTISM OF THE LORD**

In the Gospel, God the Father says 'You are my beloved Son; with you I am well pleased.'  
Your Mission is to write down the words of the Father on a piece of paper but also to add your name. Keep these words with you and read them at the start of each day. This can help you remember that the Father loves you no matter what you achieve.





## Well done to the Stars of the week

Class 1	Evelyn-Rose Harry
Class 2	Vinnie Josephine
Class 3	Ella Liam
Class 4	Clara Krystian
Class 5	Hattie-Rae Ellen
Class 6	Clara H Heidi Harlow

## Well done to the Stars of the week

Class 7	Louie Cole
Class 8	Harry Caitlin
Class 9	Sienna Ruby-Ann
Class 10	James Andrea
Class 11	Paddy Kian
Class 12	Annabelle
Class 13	Aoife-Rae Leighton
Class 14	Emilia Phoebe





## LOOK WHAT WE HAVE BEEN UP TO...



Congratulations to Louie and Jonah for winning their first ever football match 10-1. Well done, boys!



On Wednesday, Year 2 loved having Warwick University students visit the school to teach them how to create games on our new chrome books.

Well done to Ronan in class 2 who achieved his 5 metre swimming award on Thursday.. What a wonderful achievement, we are very proud of you Ronan.



Thank you to Daisy and Erin from Class 11 for representing CTK at the HCMAC Eco Heroes meeting on Tuesday. They loved making their own bird box.

As part of our Eco Schools campaign, all schools in the HCCMAC are taking part in Waste Week 10-14th February. We will also be holding a Textile collection starting from 10<sup>th</sup> February until Wednesday 12<sup>th</sup> February. Please drop donations to either school site.



On Thursday, Year 4 and 5 had their first dance session of the year with Ricky. They can't wait to learn lots of new dances to perform to their families.

Happy Birthday to

Ivy-Belle S  
Vienna H



On Saturday 11 January, Roger Casements Gaelic football team held their junior presentation evening.

Cillian and Erin from class 11 both won awards for the Under 9's Gaelic football team. We know that lots of CTK children in year 5 play for this team, supporting and helping each other, who now progress up to play for under 11's next season. Well done, we are very proud of you all!

**Recycle Read**

**WE'RE HOLDING A TEXTILES COLLECTION TO GET FREE BOOKS FOR OUR SCHOOL!**

DO YOU HAVE ANY OLD CLOTHES OR SHOES THAT NO LONGER FIT? **WE WANT THEM!**

Our school's textiles collection will take place on **Monday 10<sup>th</sup> – Wednesday 12<sup>th</sup> February.**

Don't forget to bring in your textiles on this day!

**YES PLEASE TO:**

- ✓ Wearable clothes
- ✓ Paired shoes
- ✓ Handbags and belts
- ✓ Duvet covers and pillowcases

**NO THANKS TO:**

- ✗ Wet, dirty or stained clothes
- ✗ Workwear
- ✗ Uniforms – including school uniform
- ✗ Duvets and pillows
- ✗ Blankets and cushions
- ✗ Tablecloths, linens and carpets

**1 TONNE OF TEXTILES = £300 FREE BOOK VOUCHERS (30P PER KILO)**

FIND OUT MORE AT [JOINTHEPOD.ORG/TEXTILES](http://JOINTHEPOD.ORG/TEXTILES)

Please help protect the planet and recycle after use. © 2019 Wastebusters CIC





Check out our RE 'piece of the week' from each key stage!

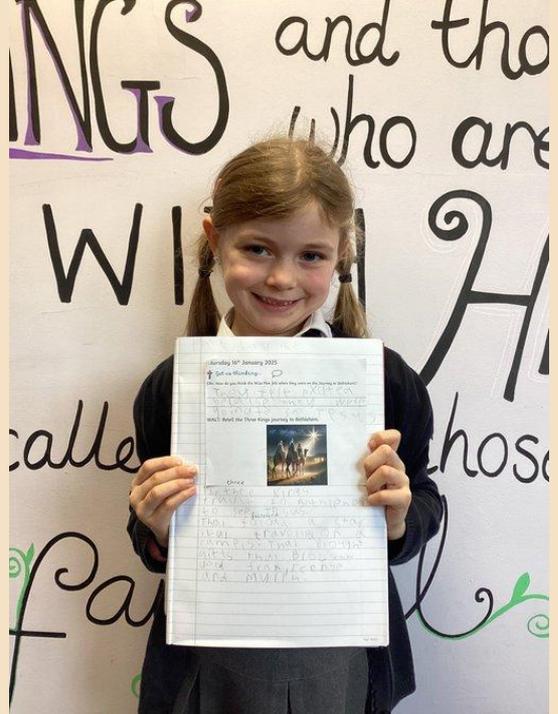
## EVFS - NURSERY



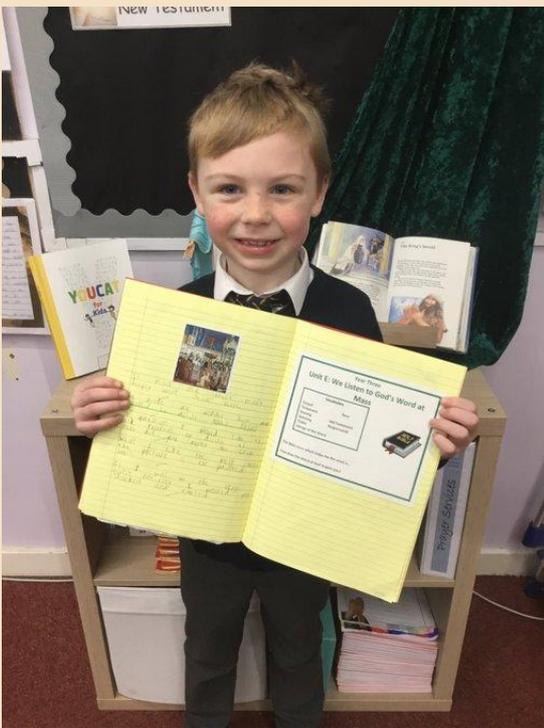
Nursery explored the role of Mary and know that Mary was Jesus' mummy.



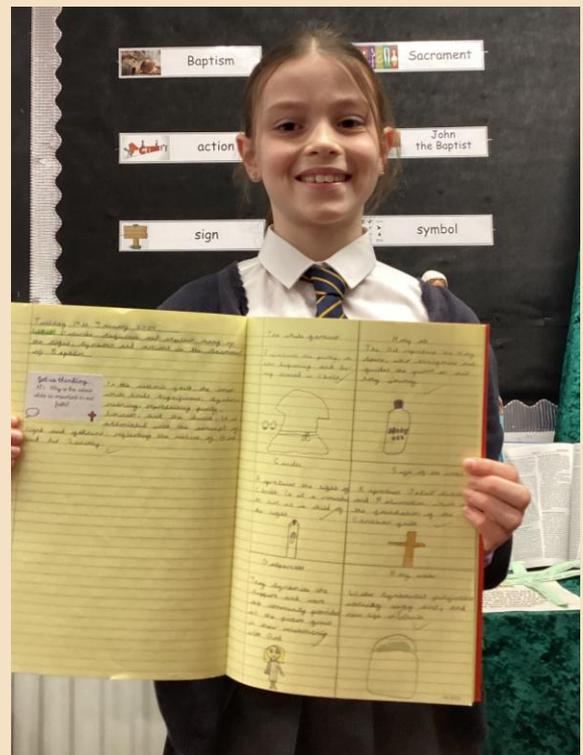
## KS1 - CLASS 3 - EVIE



## LKS2 - CLASS 7 - LOUIE



## UKS2 - CLASS 11 - OLIVIA





## Maths at CTK!



### TIMES TABLE ROCK STARS (TTRS) MOST IMPROVED PLAYERS OF THE WEEK

These children now have a trophy which they can proudly display on their desk for the week!

- Class 7 – Freya
- Class 8 – Reggie
- Class 9 – Yara
- Class 10 – Emily

- Class 11 - Noah
- Class 12 – Caoimhe
- Class 13 – Leighton
- Class 14 - Kendall

### Doodle Date Time

Well done to these superstars who have been working really hard on their doodle maths homework. Keep it up!



Congratulations to:

**Class 2**  
33% of pupils in the green zone!



### DOODLE MATHS MOST STARS EARNED THIS WEEK



- Class 1 – Kayden
- Class 2 – Finley
- Class 3 – Darci



- Class 4 – Mikayla
- Class 5 – Edward
- Class 6 – Melissa





# CTK PTA

FRIDAY  
7TH FEB

WHR  
SCHOOL  
HALL

CTK PTA  
*Valentine's*  
DISCO

NURSERY & RECEPTION -  
4:30PM - 5:15PM

VRS 1, 2 & 3  
5:45PM - 6:45PM

VRS 4, 5 & 6  
7:15PM - 8:15PM

£3 PER  
TICKET

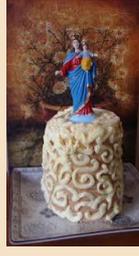
**An email has been sent out today about the next exciting PTA event!**

Please find the booking form link below to book your child's ticket:

<https://forms.gle/2hELTgcMDoFySdn49>

Please don't forget to press '**submit**' at the very end of the form and then make payment to the PTA account. Thank you!





## The Chaplaincy Team would like to present **Our Lady of Lourdes KS2 CTK Bake Off**

In celebration of the upcoming Feast day on Tuesday 11<sup>th</sup> February, Year 6 pupils are inviting all members of Our Lady of Lourdes house from KS2 to bake a cake.

Best cake wins! Must be made at home.

**Please bring your cakes in on Monday 10<sup>th</sup> February 2025**

Due to tasting and allergies, we must please ask you to write down the ingredients, so we know what has been used to make your cake.

Please remember, on this occasion, it is only children from Our Lady of Lourdes house to bake a cake.

It is important to note that this is also optional.

Thank you and have fun!

CTK Chaplaincy Team





### January

**Sunday 19<sup>th</sup> January** – Year 6 Commitment Mass in church at 9am

**Monday 20<sup>th</sup> January** – Year 4 Parent Workshop – Multiplication Check @ 3:45pm.

**Thursday 23<sup>rd</sup> January** – Year 5 Black Hole Planetarium in school

**Friday 24<sup>th</sup> January** – Whole school launch of the Jubilee Year 2025 (TBC)

**Thursday 30<sup>th</sup> January** – Year 6 Plas Dol-y-Moch

### February

**Monday 3<sup>rd</sup> February** – Year 6 Plas return form Dol-y-Moch

**Wednesday 5<sup>th</sup> February** – Year 3 First Holy Communion Parent Information session in church at 6pm

**Thursday 6<sup>th</sup> February**– Year 5 Dance Show with Ricky. SL site 2:15pm

**Friday 7<sup>th</sup> February** - PTA Valentines Disco

**Sunday 9<sup>th</sup> February** – Year 3 Commitment Mass in church at 9am - children to be presented with a Bible.

**Monday 10<sup>th</sup> February** – Year 3 Parent Workshop – Multiplication Check @ 3:45pm

**Thursday 13<sup>th</sup> February**– Year 4 Dance Show with Ricky. SL site 2:15pm

**Friday 14<sup>th</sup> February**– Year 2 Prayer service in classrooms. (1 adult per child please)

**Thursday 26<sup>th</sup> February**– Year 3 Reconciliation Parent Information session in church at 6pm

**Friday 28<sup>th</sup> February** – Year 4 Family Faith Day (SL site 9am in school hall)

**IT'S SHOWTIME**  
CTK PERFORMANCE PLANNER 2023-24

Who?	What?	When?
Year 5	Dance Show	Thursday 6th February 2025 At 2:15pm SL site
Year 4	Dance Show	Thursday 13th February 2025 At 2:15pm SL site

**Class Assemblies**

Who?	When?	Where?
Class 4	Wednesday 12 <sup>th</sup> February at 9.10am	Westhill Road Site
Class 3	Wednesday 12 <sup>th</sup> February at 2.30pm	Westhill Road Site

### March

**Monday 3<sup>rd</sup> March** – Reception and Year 6 Height and Weight- school nursing team in school

**Wednesday 5<sup>th</sup> March** – Whole school mass – Ash Wednesday





# CHRIST THE KING CATHOLIC PRIMARY SCHOOL



## CLASS PE TIMETABLE

### Spring TERM one - 2025

CHILDREN ARE TO WEAR THEIR PE KIT TO SCHOOL ON THE DAY OF THEIR LESSON.

<b>Monday</b> <ul style="list-style-type: none"> <li>Year 3</li> <li>Year 4</li> <li>Year 6</li> </ul>	<b>Tuesday</b> <ul style="list-style-type: none"> <li>Year 1</li> </ul>	<b>Wednesday</b> <ul style="list-style-type: none"> <li>Nursery</li> <li>Year 3</li> <li>Year 5</li> </ul>
<b>Thursday</b> <ul style="list-style-type: none"> <li>Year 2</li> <li>Year 4 (Dance)</li> <li>Year 5 (Dance)</li> </ul>	<b>Friday</b> <ul style="list-style-type: none"> <li>Reception</li> <li>Year 6</li> </ul>	<b>CTK PE Uniform</b> <ul style="list-style-type: none"> <li>CTK Navy Sports T-shirt</li> <li>Navy / black sport shorts (not cycling shorts please)</li> <li>CTK Hoodie or Navy/ black plain tracksuit (No branded sports labels please such as Nike or Adidas)</li> <li>Sports Trainers (not converse/fashion trainers please)</li> </ul>

## School will be closed to all pupils on the following INSET Days

Monday 2 September 2024  
 Friday 15 November 2024  
 Monday 6 January 2025  
**Friday 27 June 2025**  
**Summer Holidays 2025**  
 To begin on Friday 18 July 2025

## New dates for spring

### Forest School and Enrichment Day Planner

#### Spring Term 2025

Please note – dates may be subject to change

When?	Who?
Friday 10 <sup>th</sup> January 2025	Class 14
Friday 17 <sup>th</sup> January 2025	Class 13
Friday 24 <sup>th</sup> January 2025	Class 12
Friday 31 <sup>st</sup> January 2025	Class 11
Friday 7 <sup>th</sup> February 2025	Class 10
Friday 14 <sup>th</sup> February 2025	Class 9
<b>HALF TERM</b>	
Friday 28 <sup>th</sup> February 2025	Class 8
Friday 7 <sup>th</sup> March 2025	Class 7
Friday 14 <sup>th</sup> March 2025	Class 6
Friday 21 <sup>st</sup> March 2025	Class 5
Friday 28 <sup>th</sup> March 2025	Class 4
Friday 4 <sup>th</sup> April	Class 3
Friday 11 <sup>th</sup> April	Class 1 and Class 2
SCHOOL HOLIDAY	

## SAFEGUARDING AT CTK

### What Parents & Educators Need to Know about TIKTOK

Adults tend to associate online videos with YouTube – but among teens, TikTok is king. The app provides a stream of short clips followed by users' interests, based on what they've already watched. Around half of British children use TikTok, and while much of the content is benign, Ofcom considers it the app where youngsters "were most likely to encounter a potential harm".

**AGE-INAPPROPRIATE CONTENT**  
 While TikTok's following feed only displays videos from creator creators, for feeds of collection based on users' previously watched clips, most of these videos will probably be inappropriate, but the app would potentially allow something unsuitable. If children then engage with this content, more is at stake. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the huge number of uploads means that a small amount inevitably slips through.

**CONTACT WITH STRANGERS**  
 With more than 1.5 billion users globally, the app is a magnet for contact from strangers. The risk is high, especially on accounts created by teenagers. For young people using a fake date of birth, or set to public by default, this means that not only is someone's profile visible to anyone on the app, it also suggests their videos to others and enables anyone to download or comment on them.

**BODY IMAGE AND DANGEROUS CHALLENGES**  
 According to Ofcom, most online harms for teens are body image related for girls (promoting unhealthy eating, body shaming and so on) and dangerous stunts for boys. Both are prevalent on TikTok. One well-known example of the latter was the "blackout" trend, which encouraged users to hold their breath until passed out from a lack of oxygen. This led to ten families filing lawsuits against TikTok over the tragic deaths of their children.

**IN-APP SPENDING**  
 TikTok is free, but users have the option to buy TikTok coins which can be used to purchase gifts for content creators. Coin bundles range from 0.99 to an eye-watering 99.99, which may not sound excessive, but the app still generated 6.9 billion in user spending in 2023. TikTok's policy is that under-18s can't make in-app purchases, but it's possible to bypass this with a fake birth date.

**MISINFORMATION AND RADICALISATION**  
 Although the short videos on TikTok tend to be more frivolous than the longer ones on YouTube, clips can still influence impressionable minds. It's a negative way, not only is there plenty of dangerous misinformation on TikTok, but Ofcom reports that nearly a third of 12 to 17-year-olds said TikTok is the most likely place you should be wary of misogynistic, racist or conspiracy-themed material appearing how they see the world.

**ADDICTIVE DESIGN**  
 With its constant stream of eye-catching videos, TikTok can be addictive to young brains. In 2024, UK children spent an average of 27 minutes per day on the app; that's twice as much as on YouTube. Inactive use can interfere with young people's sleep patterns – often leaving a groggy, non-attentive user more often, hampering activities. The potentially addictive nature of the app may also impact children's ability to maintain focus.

**Advice for Parents & Educators**

- ENABLE FAMILY PAIRING**  
 Family Pairing allows parents to link their TikTok account to their child's, and control settings remotely. Parents can limit time on the app (reducing the chance of a child seeing inappropriate content), set screen-time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children can't alter these settings without parental approval.
- BLOCK IN-APP SPENDING**  
 If a child is using an iPhone or Android device to access TikTok, you can either block spending to prevent them from making in-app purchases. We'd recommend enabling this feature, as it can be quite easy for a young person to spend a significant amount of real money buying TikTok coins to unlock more features of the app – sometimes without even realising.
- DISCUSS THE DANGERS**  
 If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure that they don't share any identifying personal information, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's also worth talking about misinformation and propaganda, and how to identify it.
- READ THE SIGNS**  
 If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags. As a starting point, it's worth having a conversation with the parent/carer to see if there's a reason, and it's never too late to introduce limits.

Meet Our Expert  
 Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tech247, The Evening Standard and The New Statesman.

**Wake Up Wednesday**  
 The National College

**CTK Safeguarding Team**  
**Designated Safeguarding Lead: Miss Riach**  
**Deputy Safeguarding Leads: Mrs Horrocks and Mrs Hagyard**





## ENRICHMENT CLUBS BEFORE AND AFTER SCHOOL



### DIARY DATES FOR SPRING TERM 2025

#### Westhill Road Site:

##### Monday 20 January

3:15pm – 4:15pm **Drama Club** Yr1 & Yr2

##### Tuesday 21 January

3:15pm – 4:15pm **Craft Club** Yr1

3:15pm – 4:15pm **Chill Out Club**

##### Wednesday 22 January

3:15pm – 4:15pm **Languages** Yr1 & Yr2

##### Thursday 23 January

##### Friday 24 January

#### Scots Lane:

##### Monday 20 January

3:30pm – 4:30pm **Nerf Battle**

3:30pm – 4:30pm **Cooking Club** (Yr 4, 5, 6)

3:30pm – 4:15pm **Girls Football training** with Miss Walker

##### Tuesday 21 January

8:00am – 8:45am **Tennis** (Yr 3 & 4)

3.30pm - 4.30pm – **High 5 Training**

##### Wednesday 22 January

8:00am – 8:45am **Tennis** ( Yr 5 & 6)

12:30pm - **Class 12 Swimming**

3:15pm – 4:15pm **Chat Club**

3:30pm – 4:30pm **Football Club** with Mr Hadlum

##### Thursday 23 January

3.30pm – 4.30pm **Boys Football Training** (Yr 6)

##### Friday 24 January

3:30pm – 4:30pm **Football Club** with Mr Hadlum





## ATTENDANCE AT CTK

WHR site		SL site	
Class Name	Weekly Attendance 13/01/2025 – 17/01/2025	Class Name	Weekly Attendance 13/01/2025 – 17/01/2025
Nursery	92.3%	Class 7	97.7% 
Class 1	92.0%	Class 8	99.3% 
Class 2	98.3% 	Class 9	95.7% 
Class 3	96.7% 	Class 10	93.5%
Class 4	99.0% 	Class 11	92.3%
Class 5	99.3% 	Class 12	98.9% 
Class 6	98.0% 	Class 13	98.8% 
		Class 14	95.7% 

### Children arriving late to school:

Please be advised that if your child is late to school at WHR or SL site, children must be signed in by a parent/carer. Children are not permitted to sign themselves in for safeguarding reasons. Thank you for your understanding.

### Reporting your child's absence

Please can parents/carers remember to call the school on 02476 335790 **before 9am** if your child is going to be absent and leave a message. You can also e-mail [ctk\\_parentlink@hccmac.co.uk](mailto:ctk_parentlink@hccmac.co.uk) to report an absence.

Reasons such as 'unwell' or 'poorly' are not valid, please explain the symptoms of your child's illness and the reason they cannot attend school.

**Ongoing attendance percentage** At CTK we carefully monitor your child's attendance and punctuality percentage on a daily, weekly and monthly basis to ensure that pupils are attending school **for 95% or more of the time in line with the DfE expectations.**

**Please click on the link below to see you if would qualify from a free travel pass for your child**  
<https://www.coventry.gov.uk/schools-schooling/school-travel-passes/2>





**Could you provide a loving home for a rescue dog?**

The Channel 4 series, The Dog House is looking for couples, individuals, friends and families who are seriously considering bringing a rescue dog into their lives and are willing to share their reasons for doing so.

Please follow this link to apply:

[The Dog House | Channel 4](#) or email [thedoghouse@fivemilefilms.co.uk](mailto:thedoghouse@fivemilefilms.co.uk)

# HOLDING OUT FOR A HERO



**COULD YOU  
RESCUE A DOG?**

ON CHANNEL 4'S  
HIT SHOW

*the*  
**Dog House**



**APPLY NOW**

**[WWW.CHANNEL4.COM/4VIEWERS/TAKEPART/THE-DOG-HOUSE](http://WWW.CHANNEL4.COM/4VIEWERS/TAKEPART/THE-DOG-HOUSE)**





## Living With Confidence

### A course for women in Coventry.



Next programme running May 2025

Are you a parent? Do you want to feel more confident? Do you want to do something that's just for you? The Living with Confidence course aims to help you understand your own behaviour and the behaviours of others better.

By the end of the 8-week course, you will be able to use all your newly learnt skills to feel more confident in making choices and decisions in your life, therefore becoming a more assertive person.

You will enjoy the benefits of improved relationships and a better understanding of yourself.



**For more details or to book:**

Please email [parenting@coventry.gov.uk](mailto:parenting@coventry.gov.uk) or visit the Parenting website at [www.coventry.gov.uk/parenting](http://www.coventry.gov.uk/parenting)



## Living With Confidence

### What does the course cover?



**Week 1:** Introduction to course, what is self-esteem and personal power?

**Week 2:** Exploring different behaviour types, learning new skills and changing habits, praise and blame, personal qualities

**Week 3:** Understanding the importance of active listening skills, praise and criticism, Labelling

**Week 4:** Looking at communication and body language, the asking for time technique, 'I' messages and assertive rights

**Week 5:** Recognising and managing emotions and feelings, anger awareness, personal warning signs

**Week 6:** Dealing with criticism, anger and stress, caring for ourselves

**Week 7:** Being an assertive person in relationships and as a parent, saying no and examining the power of our thoughts

**Week 8:** Making changes and setting goals - group evaluation and celebration lunch





## FREE workshop series dedicated to supporting family members and carers of autistic adults and children

Act for Autism in collaboration with Coventry and Warwickshire Mind are offering a series of Warwickshire County Council commissioned workshops as part of the Community Autism Support Service (CASS). Act for Autism is a social enterprise providing unique insights into autism through specialist workshops and coaching.

For bookings please visit the eventbrite page  
<https://www.eventbrite.co.uk/o/act-for-autism-and-coventry-amp-warwickshire-mind-33858599659>

If you have any queries or questions regarding the Act for Autism courses, please call 024 7663 1835 or email [autismsupport@cwmind.org.uk](mailto:autismsupport@cwmind.org.uk)

## Attending in person

Our in-person sessions take place at:

Cooper's Lodge  
61 St Nicholas Street  
Coventry  
CV1 4BN

There is no parking available at the venue. There is some on street parking on St Nicholas Street, as well as two-hour free parking or pay and display at the Canal Basin, CV1 4LY. There is also other on-street parking located close by at Draper's Fields, Leicester Row and St Columba's Close.

If you have any queries or questions regarding the Act for Autism courses, contact the Community Autism Support Service (CASS) on (024) 7663 1835 or at [autismsupport@cwmind.org.uk](mailto:autismsupport@cwmind.org.uk).

For more information, go to [www.cwmind.org.uk/diverseertypical/](http://www.cwmind.org.uk/diverseertypical/)

Scan me to go to the website!





## Course One

### Isolation and anxiety of autistic adults

A workshop exploring isolation and anxiety of autistic adults aged 18+ aimed at family members/partners/informal carers.

**What's in it for you:**

- The workshop will be led by two qualified Act for Autism trainers
- Share 20 years of knowledge, research, experience and parenting
- Delivered with passion and drive
- Will include the voice of autistic advocates
- Will include time for reflection and discussion

This workshop will help explain why the person you live with or care for may be experiencing isolation and anxiety and how to support, build confidence and build motivation. This session is running alongside a second workshop exploring 'independence and advocacy'. Family members/partners/informal carers are invited to attend either, or both, of these sessions. The workshop will allow room for discussion and representation from experts by experience.

**Venue:** This course is delivered online  
**Cost:** FREE  
**Book:** For online sessions, [click here](#)

Date	Time	Location
Thursday 10th January 2023	6:00pm - 8pm	Online

## Course Two

### Exploring independence and advocacy of autistic adults

A workshop exploring independence and advocacy of autistic adults aged 18+ aimed at family members/partners/informal carers.

**What's in it for you:**

- The workshop will be led by two qualified Act for Autism trainers
- Share 20 years of knowledge, research, experience and parenting
- Delivered with passion and drive
- Will include the voice of autistic advocates
- Will include time for reflection and discussion

This workshop will explore the importance of independence, self-awareness and self-advocacy, and give you ideas and strategies to help the person you live with or care for. This session is running alongside a second workshop exploring 'isolation and anxiety'. Family members/partners/informal carers are invited to attend either, or both, of these sessions. The workshop will allow room for discussion and representation from experts by experience.

**Venue:** This course is delivered in person (see last page for venue)  
**Cost:** FREE  
**Book:** For in person sessions, [click here](#)

Date	Time	Location
Wednesday 11th January 2022	10am - 12:30pm	In person

## Course Three

### Transitional training

A workshop focussing on transitions between educational and/or organisational settings.

One course for parents/family members/informal carers, and another course for professionals only.

**What's in it for you:**

- The workshop will be led by two qualified Act for Autism trainers
- Share 20 years of knowledge, research, experience and parenting
- Delivered with passion and drive
- Will include the voice of autistic advocates
- Will include time for reflection and discussion

**By attending this workshop, you will:**

- Understand neurodevelopmental conditions including autism.
- Understand the science behind the challenges of transition periods.
- Gain skills to support the autistic individuals in your service.
- Help individuals transition through education/organisational settings.
- Help improve attendance at school/college/work.
- Help reduce anxiety.
- Prevent potential escalation of mental health issues.
- Help manage life transitions.

**Venue:** This course is delivered online  
**Cost:** FREE  
**Book:** For online sessions, [click here](#)

Date	Time	Location
Thursday 9th March 2023 (parents, family members and informal carers only)	6:30pm - 9pm	Online
Thursday 16th March 2023 (professionals only)	10am - 12:30pm	Online

## Course Four

### Connecting with autistic girls

A workshop on autism in girls for families and/or professionals.

**What's in it for you:**

- The workshop will be led by two qualified Act for Autism trainers
- Share 20 years of knowledge, research, experience and parenting
- Delivered with passion and drive
- Will include the voice of autistic advocates
- Will include time for reflection and discussion

By attending this workshop, you will have the opportunity to explore the difference in presentation and how to support autistic girls.

**Venue:** This course is delivered in person and online (see last page for venue)  
**Cost:** FREE  
**Book:** For in person sessions, [click here](#)  
For online sessions, [click here](#)

Date	Time	Location
Thursday 26th January 2023	10am - 12:30pm	Online
Wednesday 8th March 2023	10am - 12:30pm	In person

## Course Five

### Gender identity

A facilitated session to explore gender issues faced by autistic individuals and their families. If your child or the person you are supporting is concerned or curious about their gender this is a useful session for you to discuss your or their concerns.

One course for parents/family members/informal carers, and another course for professionals only.

**What's in it for you:**

- The workshop will be led by two qualified Act for Autism trainers
- Share 20 years of knowledge, research, experience and parenting
- Delivered with passion and drive
- Will include the voice of autistic advocates
- Will include time for reflection and discussion

**Venue:** This course is delivered online  
**Cost:** FREE  
**Book:** For online sessions, [click here](#)

Date	Time	Location
Thursday 2nd February 2023 (professionals only)	10am - 12:30pm	Online
Thursday 23rd March 2023 (parents, family members and informal carers only)	10am - 12:30pm	Online

## Course Six

### Understanding autism: training for family members/informal carers of adults of 18-25 yrs

A facilitated session supporting your understanding of your young person's diagnosis. This session will help parents and carers understand the condition and therefore help the young person identify confidently with their autism.

**What's in it for you:**

- The workshop will be led by two qualified Act for Autism trainers
- Share 20 years of knowledge, research, experience and parenting
- Delivered with passion and drive
- Will include the voice of autistic advocates
- Will include time for reflection and discussion

**Venue:** This course is delivered online  
**Cost:** FREE  
**Book:** For online sessions, [click here](#)

Date	Time	Location
Thursday 19th January 2023	6:30pm - 9pm	Online

